# St Richard's RC Primary



Prayer and Liturgy:
Class & Assembly Prayers,
Hymns
Mass Prayers & Responses

'To love You more dearly'

The mission of St Richard's is that we know, love and follow Christ by looking after each other and trying our best every day.

#### Introduction

The purpose of this Prayer Book is to help us all to fulfil our mission:

By being introduced to - and gradually learning to pray - a rich and diverse range of prayers from the Catholic tradition, we aim to provide spiritual growth for our community. In other words, we are helping all to know, love and follow Christ.

### **Implementation**

What follows is a progressive and developmental allocation of the spoken and sung prayers (hymns) which – taken together – create a journey of prayer for all pupils and staff at St Richard's.

The following is the minimum expectation of which prayers and hymns will be introduced to children and then learned, prayed or sung meaningfully so that they build to form a repository – a 'spiritual well' from which we can all drink and be refreshed.

Some of these prayers will be prayed as part of the prayer routine that marks the school day. As the new Prayer and Liturgy Directory, 'To love You more dearly' explains: 'Throughout the day there are opportunities for short times of prayer. These often mark the time of the day and the rhythm of the school timetable.'

Some of these prayers will be prayed when we come together as larger groups (at Key Stage Assemblies, Key Stage Prayer and Liturgies, as part of the Sacramental Journey and as part of Class or Key Stage Mass).

On the following pages are an overview of which prayers and hymns will be introduced and learned in which year group. The appendices contain the full text of each of the prayers, including Mass prayers and responses, using the precise words that are written down. The hymns will be learned and sung using the lyrics as laid out in 'Liturgical Hymns Old and New' (Kevin Mayhew).

## Overview of Prayers, Hymns, Mass Prayers & Responses

	Autumn	Spring	Summer
Nursery Prayers:	The Sign of the Cross (with actions) 'St Richard Pray for Us' EYFS/KS1 Morning Offering	Hail Mary EYFS End of School Day Prayer	Grace Before Meals
Nursery Hymns:	Away in a manger	Clap your hands	This little light of mine
Reception Prayers: Mass Prayers & Responses:	Grace After Meals And with your Spirit	The Lord's Prayer (Our Father) Lord have mercy	Glory be to the Father Thanks be to God:
Reception Hymns:	Come and go with me to my Father's House Praise Him, Praise Him		He's got the whole world
Year One Prayers, Mass Prayers & Responses:	KS1/KS2 End of School Day Prayer Glory to you, O Lord	Thanksgiving Prayer Praise to you, Lord Jesus Christ	Eternal Rest Blessed be God for ever
Year One Hymns:	Come, they told me	Give me joy in my heart	All things bright and beautiful
Year Two Prayers, Mass Prayers & Responses:	Prayer of St Richard  May the Lord accept the sacrifice	Angel of God Lift up your hearts	O Sacrament most holy Holy, Holy, Holy Lord God
Year Two Hymns:	Day by Day (from Godspell) I give my hands	As I kneel before you Rise and shine	Follow me, follow me  If I were a butterfly

	Autumn	Spring	Summer
Year Three Prayers, Mass Prayers & Responses:	KS2 Morning Offering  Act of Contrition  I confess	Prayer Before Communion Prayer After Communion Lord I am not worthy	Prayer of St Teresa of Avila For the kingdom,
Year Three Hymns:	I will enter his gates Advent: Little donkey	God forgave my sin This is my body	All that I am Go the Mass is ended
Year Four Prayers, Mass Prayers & Responses:	Come Holy Spirit  Lamb of God	Peace Prayer (St Francis) The Gloria	Act of Faith Act of Hope Act of Love
Year Four Hymns:	A new commandment  Advent: When is he coming?	Shine Jesus Shine Abba, Father, send your Spirit	Walk with me O my Lord Sing it in the valleys
Year Five Prayers, Mass Prayers & Responses:	The Magnificat The Mystery of Faith	The Angelus The Apostles' Creed	Hail Holy Queen
Year Five Hymns:	Make me a channel of your peace  Advent: The Angel Gabriel from Heaven Came	When I needed a neighbour I danced in the morning (Lord of the dance)	The Spirit lives to set us free Whatsoever you do
Year Six Prayers, Mass Prayers & Responses:	The Memorare	The Prayer of St Patrick	Prayer to Jesus, Mary and Joseph The Nicene Creed
Year Six Hymns:	Colours of Day  Advent: O come, O come, Emmanuel	This is Our God (The Servant King) He is Lord, He is Lord	I, the Lord of sea and sky  One more step along the world I go

#### Appendix A - Prayers

### **EYFS - Nursery**

#### The Sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

#### **Sign of the Cross with actions**

From my head to my heart From my shoulder to my shoulder I love you God our Father. Amen.

#### St Richard

St Richard, pray for us

#### **EYFS/KS1 Morning Offering**

O my God, I offer to you,
All I say and all I do.
Help us to do the things we should,
To be to others kind and good,
In all our work and all our play,
To grow more loving every day. Amen

#### **Hail Mary**

Hail Mary, full of grace, the Lord is with you.

Blessed are you among women,
and blessed is the fruit of your womb, Jesus.

Holy Mary, mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

#### **EYFS End of School Day Prayer**

Jesus, it is time to go.
Thank you for all that we know.
For all that we have learnt today,
the fun and joy along the way.
Thank you Lord for everything,
and for what tomorrow brings. Amen.

#### **Grace Before Meals**

Bless us, O Lord, and these your gifts which we are about to receive from your bounty.

Through Christ our Lord. Amen.

#### **EYFS – Reception**

As in Nursery and ...

#### **Grace After Meals**

We give you thanks, Almighty God, for all your benefits, who live and reign, world without end. Amen.

#### The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth
as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil. Amen.

#### Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now and ever shall be, world without end. Amen

#### KS1 – Year One

As in Nursery, Reception and ...

#### KS1/KS2 End of School Day Prayer

God our Father, I come to say,
Thank you for your love today.
Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night,
And in the morning send your light. Amen

#### **Thanksgiving Prayer**

Thank you for the world so sweet, Thank you for the food we eat, Thank you for the birds that sing, Thank you God for everything. Amen.

#### **Eternal Rest**

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

May they rest in peace. Amen.

#### KS1 - Year Two

As in Nursery, Reception, Year 1 and ...

#### Prayer of St. Richard

Thanks be to you, my Lord Jesus Christ, for all the benefits which you have given me; for all the pains and insults which you have borne for me. O most merciful Redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

#### **Guardian Angel Prayer**

Angel of God, my guardian dear, to whom God's love commits me here. ever this day be at my side, to light and guard, to rule and guide. Amen.

O Sacrament most holy
O Sacrament most holy,
O Sacrament divine!
All praise and all thanksgiving
Be every moment thine

#### KS2 - Year Three

As in Nursery, Reception, Year 1, Year 2 and ...

#### **KS2 Morning Offering**

O Jesus, through the most pure heart of Mary,
I offer to you my thoughts, works, joys and sufferings of this day
for all the intentions of your divine Heart
in the most Holy Sacrifice of the Mass,
and especially for the Pope's intentions of this month. Amen.

#### **Act of Contrition**

O my God,
because you are so good,
I am very sorry that I have sinned against you
and with the help of your grace
I will not sin again.

#### **Prayer before Communion**

O God, help me to make a good communion.

Mary, my dearest mother, pray to Jesus for me.

My dear Angel Guardian, lead me to the altar of God. Amen.

#### **Prayer after Communion**

Lord Jesus, I love and adore you. You are a special friend to me. Welcome, dear Jesus, O welcome! Thank you for coming to me. Amen.

#### **Prayer of St Teresa of Avila**

Christ has no body now on earth but yours, no hands but yours, no feet but yours.

Yours are the feet with which he is to go about doing good and you are the hands with which he is to bless us now. Amen.

#### KS2 – Year Four

As in Nursery, Reception, Year 1, Year 2, Year 3 and ...

#### **Prayer to the Holy Spirit**

Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love.

Send forth your Spirit, and they shall be created, and you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit, did instruct the hearts of your faithful grant that by that same Holy Spirit we may be truly wise, and ever rejoice in your consolation, Through Christ our Lord. Amen.

#### **Peace Prayer**

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life. Amen.

#### **Act of Faith**

My God, I believe in you and in all that your Church teaches because you have said it and your word is true.

#### **Act of Hope**

O my God, I put my hope in you for grace and for glory, because of your promises, your mercy and your power.

#### **Act of Charity**

O my God, because you are so good,
I love you with all my heart,
and for your sake,
I love our neighbour as myself.

#### KS2 - Year Five

As in Nursery, Reception, Year 1, Year 2, Year 3, Year 4 and ...

#### The Magnificat

My soul proclaims the greatness of the Lord, and my spirit rejoices in God my Saviour, for he has looked upon his handmaid in her lowliness; for behold, from this day forward, all generations will call me blessed.

For the Almighty has done great things for me, and holy is his name.

His mercy is from age to age for those who fear him.

He has made known the strength of his arm, and has scattered the proud in their conceit of heart. He has cast down the mighty from their thrones and has exalted those who are lowly. He has filled the hungry with good things, and has sent the rich away empty.

He has helped his servant Israel, mindful of his mercy, even as he promised to our fathers, to Abraham and his descendants for ever.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

#### The Angelus

The Angel of the Lord declared unto Mary.

And she conceived of the Holy Spirit.

Hail, Mary, full of grace, ...

Behold the handmaid of the Lord. Be it done unto me according to thy word. Hail Mary, full of grace ...

And the Word was made flesh.
And dwelt among us.
Hail Mary, full of grace ...

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Let us pray;
Pour forth, we beseech thee, O Lord,
thy grace into our hearts;
that we, to whom the Incarnation of Christ, thy Son,
was made known by the message of an angel,
may by his Passion and Cross be brought to the glory of his Resurrection.
Through the same Christ, our Lord. Amen.

#### Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary
Pray for us, O holy Mother of God,
that we may be worthy of the promises of Christ. Amen.

#### KS2 - Year Six

As in Nursery, Reception, Year 1, Year 2, Year 3, Year 4, Year 5 and ...

#### **The Memorare**

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to thy protection,
implored thy help, or sought thy intercession, was left unaided.
Inspired by this confidence I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in thy mercy hear and answer me. Amen.

#### The Prayer of St Patrick

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger. Amen.

#### **Prayer to Jesus, Mary and Joseph**

Jesus, Mary and Joseph, I give you my heart and my soul.

Jesus, Mary and Joseph, assist me in my last agony.

Jesus, Mary and Joseph, may I breathe forth my soul in peace with you. Amen.

### **Appendix B – Mass Prayers and Responses**

#### **EYFS – Reception**

The Lord be with you.

And with your Spirit

You were sent to heal the contrite of heart: Lord, have mercy.

Lord, have mercy.

You came to call sinners: Christ, have mercy.

Christ, have mercy.

You are seated at the right hand of the Father to intercede for us: Lord, have mercy.

Lord, have mercy.

The word of the Lord.
Thanks be to God.

#### KS1 - Year One

A reading from the holy Gospel according to St ... Glory to you, O Lord.

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.** 

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

Blessed be God for ever

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

Blessed be God for ever

#### KS1 - Year Two

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

#### KS2 - Year Three

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned
in my thoughts and in my words,
in what I have done, and in what I have failed to do,
through my fault, through
my fault, through my most grievous fault;
therefore, I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.
Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ. For the kingdom, the power and the glory are yours now and for ever.

#### KS2 - Year Four

Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we alorify you. we give you thanks for your great glory. Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One,

you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

#### KS2 - Year Five

#### **Mystery of Faith**

We proclaim your Death, O Lord and profess your Resurrection until you come again.

or

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

or

Save us, saviour of the world, for by your Cross and Resurrection you have set us free.

#### I believe in God,

the Father almighty, Creator of heaven and earth. and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate. was crucified, died and was buried: he descended into hell; on the third day he rose again from the dead: he ascended into heaven. and is seated at the right hand of God the Father almighty: from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints. the forgiveness of sins. the resurrection of the body.

#### KS2 - Year Six

and life everlasting. Amen.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Appendix C – Hymns
The hymns should be learnt and sung using the lyrics as laid out in 'Liturgical Hymns Old and New' (Kevin Mayhew)
The music accompaniment is from 'Just Hymns Old & New'

Year Group	Hymn Title	Hymns Old & New Book	Just Hymns Old & New CD	Track
Nursery	Away in a Manger	155	CD 3	15
	Clap your hands	772		
	This little light of mine	849	CD 27	16
Reception	Come and go with me	205		
	Praise him	575	CD 22	14
	He's got the whole world	330	CD 11	9
Year One	Come, they told me	777		
	Give me joy in my heart	274	CD 8	5
	All things bright and beautiful	125	CD 2	6
Year Two	Day by Day			
	I give my hands	801	CD 12	9
	As I kneel before you	141	CD 2	29
	Rise and Shine	837	CD 23	6
	Follow me	259	CD 7	14
	If I were a butterfly	800	CD 12	22
Year Three	I will enter his gates	381		
	Little donkey	818	CD 16	4
	God forgave my sin	286	CD 9	10
	This is my body	681	CD 27	10
	All that I am	122	CD 2	2
	Go, the Mass is ended	303	CD 9	4
Year Four	A new commandment	133	CD 1	2
	When is he coming?	851		
	Shine Jesus Shine			
	Abba, Father, send your Spirit	96	CD 1	6
	Walk with me O my Lord	706	CD 28	16
	Sing it in the valleys	619	CD 24	2

Year Five	Make me a channel	470	CD17	22
	The Angel Gabriel	646	CD 25	17
	When I needed a neighbour	730	CD 29	17
	I danced in the morning	353	CD 12	8
	The Spirit live to set us free	672	CD 26	22
	Whatsoever you do	726	CD 29	14
Year Six	Colours of Day	202	CD 5	11
	O come, O come, Emmanuel	503	CD 19	11
	This is our God	267		
	He is Lord	325	CD 11	3
	I, the Lord of sea and sky	376	CD 12	15
	One more step along the world		CD 21	24