

ST RICHARD'S PRIMARY SCHOOL MENU WEEK 3

<u>Meat Free Monday</u> Homemade cheese flan	Chilli Con Carne (M&V) Served with Tortillas	Baked Sausage (M&V) Oven baked Roast Potatoes	Peri peri Chicken Peri Peri Quorn Filletts	Crispy Baked Jumbo Fishfinger With Chunky Chips
Creamy Mash & Spring Greens	Spicy vegetable rice	Seasonal Veg & Gravy	Mexican rice Coleslaw	Peas
Pasta & Sauce Garlic Doughballs	Jacket Potatoes with Various Fillings		Selection of Sandwiches On wholemeal Breads	Pasta & Sauce Garlic Bread
Salad bar available daily	Salad bar available daily	Salad bar available daily	Salad bar available daily	Salad bar available daily
Assorted Desserts Separate list for Nursery	Assorted Desserts Separate list for Nursery	Assorted Desserts Separate list for Nursery	Assorted Desserts Separate list for Nursery	Assorted Desserts Separate list for Nursery