

Current (September 2026) Long Term Plan for Life to the Full (Relationships Education)

Nursery	Handmade With Love.	Role Model. Who's Who?	You've Got a Friend in Me. Forever Friends.	Safe Inside and Out. My Body, My Rules.	Feeling Poorly, People Who Help Us.	God is Love. Loving God, Loving Others.
Reception	Handmade with Love	I Am Me Heads, Shoulders, Knees and Toes	Ready Teddy I Like, You Like, We All Like	Good Feelings, Bad Feelings Let's Get Real	Growing Up	God is Love Loving God, Loving Others Me, You, Us
Year 1	Let the Children Come. God Loves You.	Special People. Treat Others Well... ...And Say Sorry.	Being Safe. Good Secrets and Bad Secrets.	Physical Contact. Harmful Substances.	Can You Help Me?	Three in One. Who is My Neighbour? The Communities We Live In.
Year 2	Let the Children Come	I am Unique. Girls and Boys	Clean & Healthy	Feelings, Likes and Dislikes. Feelings Inside Out. Super Susie Gets Angry.	The Cycle of Life.	Three in One. Who is My Neighbour? The Communities we live In.
Year 3	Get Up!	Jesus, My Friend	Friends, Family and Others. When Things Feel Bad.	Sharing Online. Chatting Online.	Safe in My Body? Drugs, Alcohol and Tobacco. First Aid Heroes.	A Community of Love. What is the Church? How Do I Love Others?
Year 4	Get Up!	We Don't Have to Be the Same. Respecting Our Bodies.	Friends, Families and Others. When Things Feel Bad.	What Am I Feeling? What Am I Looking at?	What is Puberty? I Am Thankful	A Community of Love What is the Church? How Do I Love Others?
Year 5	Calming the Storm. Is God Calling You?	Under Pressure. Do You Want a Piece of Cake? Self-talk.	Sharing Isn't Always Caring. Cyberbullying.	Types of Abuse. Impacted Lifestyles.	Making Good Choices. Giving Assistance.	What is Puberty? Changing Bodies
Year 6	Calming the Storm. Gifts and Talents.	What is Puberty? Changing Bodies.	Spots and Sleep. Body Image.	Peculiar Feelings. Emotional Changes. Seeing Stuff Online.	Life Cycles.	Male and Female Discussion Groups