

DRAFT proposed (January 2027 onwards) Long Term Plan for Life to the Full (Relationships Education)

Nursery	Handmade With Love.	Role Model. Who's Who?	You've Got a Friend in Me. Forever Friends.	Safe Inside and Out. My Body, My Rules.	Feeling Poorly. People Who Help Us.	God is Love. Loving God, Loving Others.
Reception	I Am Me Heads, Shoulders, Knees and Toes	Ready Teddy I Like, You Like, We All Like	All The Feelings Let's Get Real	Growing Up New People New Places	What is the Internet? Playing Online Me, You, Us	When I Grow Up Money Doesn't Grow on Trees
Year 1	Let the Children Come. God Loves You.	Special People. Treat Others Well... ...And Say Sorry.	Good Secrets and Bad Secrets.	Physical Contact. Harmful Substances.	Can You Help Me? (Part 1) Can You Help Me? (Part 2)	Three in One. Who is My Neighbour? The Communities We Live In.
Year 2	I am Unique. Girls and Boys	Clean & Healthy (My Body) Real Life Online Rules to Help Us	Feelings, Likes and Dislikes. Feelings Inside Out. Super Susie Gets Angry.	The Cycle of Life.	Beginnings and Endings Change is All Around	Who Will I Be? Needs and Wants
Year 3	Get Up!	Jesus, My Friend Friends, Family and Others.	When Things Feel Bad. Balancing Need	Sharing Online. Chatting Online.	Safe in My Body? Drugs, Alcohol and Tobacco. Recognising Risk	A Community of Love. What is the Church? How Do I Love Others?
Year 4	Sacraments	We Don't Have to Be the Same. Respecting Our Bodies.	A Time for Everything Big Changes, Little Changes	What Am I Feeling? What Am I Looking at?	What is Puberty? I Am Thankful First Aid Heroes.	Rights and Responsibilities Working Together Money Matters
Year 5	Calming the Storm. Is God Calling You?	Under Pressure. Do You Want a Piece of Cake? Self-talk.	Sharing Isn't Always Caring. Cyberbullying.	Types of Abuse. Impacted Lifestyles.	Making Good Choices. Giving Assistance. Changing Bodies	Confidence vs Control Build Others Up
Year 6	Gifts and Talents.	Spots and Sleep. Body Image.	Peculiar Feelings. Emotional Changes. Seeing Stuff Online.	Life Cycles.	Male and Female Discussion Groups	Reaching Out The World of Work Money and Me